

# Star Award

To earn your Star Award in 6th grade, you need to choose and complete an activity from each category below. You will complete 5 total activities. Upon completion, turn in all write ups and this signature sheet to earn your award.

## Academic Goals:

- Have no missing assignments for 4 weeks in a row. Print off your zero/missing scores report each week and have it signed by your parents and your teacher to show that you are caught up in everything. Write a short essay (3-4 paragraphs) explaining how you did, what was difficult, and what you will do in the future.
- Earn straight E's on your report card (not including sub-categories) for an entire term. Write a short essay (3-4 paragraphs) explaining how you did, what was difficult, and what you will do in the future. Also include why this is important to your educational development.

## Responsibility Goals:

- Set a goal in an area where you think you could be more responsible (turning in homework on time, doing chores without being asked, keeping your bedroom clean, etc.). Work on this goal for two weeks and keep a daily log of whether or not you met your goal for the day. At the end of the two weeks, answer the following questions in essay format: What does it mean to be responsible? How does being more responsible affect you? How does being more responsible affect others around you? What are some of the consequences of not being responsible?
- Set a goal to save money. This could be saving up to buy something special or just saving money for the future. Write a plan for how you will save your money. Include how you will earn the money, what you are saving for, how much you will need to save, and when you will have the money saved (a specific date). Write an essay that answers the following questions: How does saving money relate to being responsible? Why is it important to learn to save money now rather than later? Is it better to save up for something you want or to have someone else pay and pay them back later?

## Healthy Lifestyle Goals:

- Set a fitness goal for the month. Be specific about what you will do and how often you will do it. Stick to your plan and chart your progress throughout the month. At the end of the month, answer the following questions: What was the most difficult part of your goal? What changes would you make to your goal if you were going to continue for another month? How did you feel at the end of the month compared to the beginning of the month? (Consider both how you feel physically and mentally)

- Participate in an extracurricular physical activity (sports, dance, etc.). Go three weeks without missing any practices/performances/games. Set a short term goal and that relates to your activity and keep a log for a minimum of 3 weeks documenting your progress towards your goal. Write a short essay explaining what you've done, what were the outcomes, and what can you do to improve in the future.

**Service Goals:**

- With a parent's permission, collect items you can donate to others less fortunate than you (food, clothes, toys). Write an essay describing what you did, why the items would be helpful to someone else, and why it is important to help others.
- Find a chore you could do around your house that would help the other members of your family (other than chores you already have to do). Do this extra chore for 2 weeks. Write an essay describing what you did, how it affected others in your home and how it affected you.

**Character Goals:**

- Choose a bad habit you would like to break (chewing your fingernails, calling out answers in class, etc.) Set a goal to work on breaking this habit for the next two weeks. Keep a log of how you did each day. At the end of the two weeks, write an essay that answers the following questions: What was the habit you worked on and why did you choose that particular habit? Were you able to stick to your goal most of the time? What will you do in the future to continue to work on this habit? What are the positive consequences that will come from overcoming this bad habit?
- Write a personal essay describing a time you were an example of great character. Be sure to include a detailed description of the event, what you learned from the experience, and how this affects decisions you will have to make in the future.

Student Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date: \_\_\_\_\_

Teacher Signature \_\_\_\_\_ Date: \_\_\_\_\_