

# 5<sup>th</sup> Grade Star Award

Do any 2 from each category

## **CHARACTER**

- \_\_\_\_\_ Go 5 days without TV, computer/internet, or video games
- \_\_\_\_\_ Read a book of poetry and share your favorites with your class
- \_\_\_\_\_ Attend a professional performance: symphony, musical, ballet, etc.
- \_\_\_\_\_ Show good sportsmanship during P.E. for a month
- \_\_\_\_\_ Accomplish a goal that you set during S.E.P.s
- \_\_\_\_\_ Earn some money and then save it for at least a month without spending it

## **RESPONSIBILITY**

- \_\_\_\_\_ Perform in a public production: play, choir, dance, band, orchestra, etc.
- \_\_\_\_\_ Take lessons for any musical instrument and perform a number for your class
- \_\_\_\_\_ Turn in all your work on time for a month
- \_\_\_\_\_ Take care of a pet (feed, clean up after, play with, exercise, etc.) for a month
- \_\_\_\_\_ Do your chores at home for a month without being asked or reminded

## **ACADEMICS**

- \_\_\_\_\_ Pass off all multiplication facts 0-12
- \_\_\_\_\_ Teach your class about a topic that you're interested in related to Language, Math, Social Studies, Science, Art, or Music for 30 minutes
- \_\_\_\_\_ Participate in the school's Reflection Contest
- \_\_\_\_\_ Get all "E"s on your report card
- \_\_\_\_\_ Earn 100% of your Home Reading points for 4 weeks in a row

## **SERVICE**

- \_\_\_\_\_ Work in the lunchroom 5 times during the year
- \_\_\_\_\_ Volunteer for 2 hours at the Salem City Library
- \_\_\_\_\_ Clean up garbage around the pond--bring the trash in a bag to show your class
- \_\_\_\_\_ Read a book to person who lives alone for at least 30 minutes
- \_\_\_\_\_ Organize your family and complete a service project for someone else together

## **HEALTH**

- \_\_\_\_\_ Do some physical activity for 20 minutes/day, 5 days/week, for a month
- \_\_\_\_\_ Participate in a city sports program and demonstrate your skills for the class
- \_\_\_\_\_ Go an entire week without candy, soda pop, or other sugary treats
- \_\_\_\_\_ Eat at least one fruit and one vegetable every day for 2 weeks
- \_\_\_\_\_ Organize a family activity that involves at least an hour of physical activity